

What to do if you have symptoms of Covid-19

Do you have one of these symptoms?

- a fever
- a cough
- shortness of breath or breathing difficulties
- loss or change to your sense of smell or taste

Call the Venue Officers on 01 8558800

They will talk you through the process.

What's important is containment
so we don't need to shut down the whole building with a suspected case.

Have you been in close contact with others in the studio?

Close contact is being within 2metres of another person for 15 minutes

Yes

Stay in the studio and put on a mask if you have one.
Keep your distance from others in the studio.
Try not to touch any surfaces, objects or people.

A staff member will call you or come to the studio or isolation zone to assess the severity of the symptoms.

They will ask you:

- Where have you been in the building?
- Have you been in close contact with anyone?
- How severe are the symptoms

In a studio where people have been in close contact, everyone must complete the questions from the staff member, and everyone must leave the building once they have been told to. Do not leave until you have answered the questions and have been told to leave.

No

On each floor there is an ISOLATION ZONE.
Go there immediately, making sure not to touch any surfaces, objects or people.

Ground Floor – next to sliding door
1st floor – Mezzanine
2nd Floor – Seating area outside the Resource Room
3rd Floor – Outside studio 5

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If you are well enough to return home, contact your GP by phone from home and isolate there. If you are not well not well enough to travel home, you should contact your GP (preferably using your own mobile phone) to discuss the next steps.

Anyone showing symptoms of Covid-19 should not use public transport. They should be brought home by car if possible or an ambulance may need to be called.



Everyone in the group is to follow the advice given by the GP. If isolation is advised, no-one is to return to the studio for 14 days.
Contact info@danceireland.ie to discuss rebooking & cancellation possibilities.



Dance Ireland will assess the situation and advise you as when it is safe to re-enter the studio. This may be the same day, the next day or the next week, depending on the incident.

Your GP will advise you as to isolation procedures for you and those you have been in close contact with.



If there has been no close contact and the rest of the group wish to continue:



Everyone must leave the studio for 1 hour (preferably leave the building).

You will need to clean the studio before you restart in the studio.

Dance Ireland will clean all the commonly touched common areas.

